



TARA INSTITUTE OPEN DAY PROGRAM 2023

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| 10:00am | Doors open Smoking ceremony performed by uncle Willie Pepper |
| 10:30am | Devonshire tea available in the dining room |
| 10.30am-11.15am Mayne | Teaching & meditation in the meditation hall with Judy Mayne |
| 11.00am | Chai available in the dining room |
| 11.00am-1.00pm | Animal Blessings performed by Geshe Jangchub in Landcox Park |
| 11:45am (50 mins) | Historical tour – Limited to 20 people, assemble on the steps at entrance to Landcox Hall |
| 12:00pm-12.45pm | Teaching & meditation in the meditation hall with Jeremy Cohen |
| 1:45pm (50 mins) | Historical tour – Limited to 20 people. Assemble on the steps at Entrance to Landcox Hall |
| 2.30pm - 3.15pm | Teaching & meditation in the meditation hall with Damien Busby |
| 3.30pm | Raffle Draw |
| 4:00pm | Finish |

LANDCOX HALL

- Face painting throughout the day.
- Instruction in making Origami Lotus Flowers
- Portraits by Sarah New

MARKET and INFORMATION STALLS

- 21 Taras Thangka information display in Landcox Hall
- Tibetan traders and other stalls
- Information stalls

THE TI BOOKSHOP WILL BE OPEN ALL DAY.

CAFE BLISS OPEN ALL DAY - GREAT COFFEE and DELICIOUS FOOD

